

## Starters

**Soup of the Day** Cup 4.95 Bowl 6.65

Served with crackers or toast

**NG Original Guacamole (GF)** 7.85

Served with rice chips

**Fresh Fruit (GF)** 6.85

Fresh organic seasonal fruits served goat milk yogurt

## De'light'ful Meals

**Soup Cup with Salad** 7.45

**Soup Cup with Fruit** 8.95

**½ Sandwich with Fruit Cup** 9.95

**½ Sandwich with Side Salad** 7.95

**½ Sandwich with Soup Cup** 8.95

*Your choice of Tuna, Roast Turkey, Reuben, Curry Chicken Salad, Avocado Classic, or Veggie Delight Sandwich*

## Single Scoop Salads

Served on a bed of mixed greens with a scoop topping of your choice

**Tuna Salad** 8.75

**Guacamole Salad (GF)** 10.55

Served with rice chips

**Curried Chicken Salad (GF)** 10.25

## Desserts

**Ice Cream (GF)** 3.55

Ask for Today's Selection

**Banana Sundae (GF)** 7.15

Bananas whipped with cream served with chocolate syrup, walnuts, and topped with fresh strawberries

## Organic Fruit & Veggie Salads

**Fruit Salad (GF)** 9.25

Seasonal fresh fruit served on a bed of mixed greens

**Garden Patch Salad (GF)** 8.95

Mixed greens topped with carrots, cucumbers, red onions, and tomatoes

**Salad Surprise (GF)** 11.95

Intense vegetable and fruit salad, served on mixed greens

**Specialty Salad (GF)** 11.95

Mixed greens with mushrooms, tomatoes, walnuts, cranberries, with your choice of vinaigrette

**Spinach Salad (GF)** 11.95

Mushrooms, tomatoes, walnuts, hard-boiled eggs served on spinach leaves with raspberry vinaigrette

**Herb Dressed Salad (GF)** 13.95

Avocado, tomatoes, celery, mushrooms, carrots, served on mixed greens and garnished with sunflower seeds with herb dressing

**Sea Vegetable Trail Mix Salad (GF)** 18.95

Mixed greens topped with avocado, tomatoes, celery, mushrooms, carrots, enhanced with a unique seafood trail mix and garnished with herb dressing

**Ugly Salad (GF)** 12.55

Super veggie slaw served on mixed greens with hard-boiled eggs, avocados, and garnished with fruit

## Add-ons

Avocado 1.99

Grilled Chicken 4.99

### Our House Dressings Are Made Fresh and are GF

**House Dressing:** Original, handmade Ginger Sesame Vinaigrette

**Creamy Dressings:** Herb Italian, Ranch

**Vinaigrettes (GF):** Balsamic, Raspberry, Italian, (oil and vinegar available on buffet)

## Sandwiches

Served on your choice of bread with handmade mayonnaise, lettuce and tomato and either a side salad or potato chips. Substitute fruit for \$3.99 extra.

**Rudi's Organic Breads:** Whole Wheat, Country White, Multi-Grain Oat, Jewish Rye

**Gluten Free:** Multi-Grain, White

*All sandwiches **except tuna and Reuben** can be made Gluten Free by selecting Gluten Free bread above.*

**Tuna Salad** 8.75

**Ham & Swiss** 10.85

**Curried Chicken Salad** 10.45

**Roast Turkey & Swiss Cheese** 11.45

**Roast Beef & Swiss Cheese** 12.95

**Grilled Chicken** 10.95

**Reuben** 11.65

Turkey Pastrami, Swiss Cheese and Bavarian slaw with Russian dressing

**Club Sandwich** 12.25

Turkey, Ham and Roast Beef with Swiss Cheese

**Italian Man** 11.95

Ham, Genoa Salami and Provolone Cheese with Italian dressing, served with a pickle wedge

**All American** 7.45

Kosher hot dog on gluten free tapioca rice bun

## Meatless Sandwiches

**AB&J** 8.45

Almond Butter and Organic Jelly

**Grilled Three Cheese Combo** 8.45

Swiss, Provolone, and Cheddar cheese with *optional* lettuce and tomato

**Mushroom** 10.95

Grilled Portobello with lettuce, tomato, red onions, and *optional* Swiss cheese

**Avocado Classic** 9.95

Avocado & egg mash with red onions

**Veggie Delight** 9.95

Avocado, red onion, lettuce and tomato

\* GF= Gluten Free

## Juices

### Fresh Organic Vegetable Juices (12oz)

- Red with Beets Vegetable Blend 8.25
- Green Vegetable Blend 5.95
- Carrot 4.95
- Carrot with Ginger 4.95
- Carrot with Ginger and Apple 5.95

Additional vegetables .95 each  
16 oz Add 3.00

### Blended Slushie Juices (12oz)

Organic Juices with frozen fruit

- Apple Berry 4.25
- Apple Peach 4.25
- Apple Mango 4.25
- Orange Banana 4.95
- Orange Pineapple 4.95

16 oz Add 3.00

### Teas (Hot or Iced) 1.95

Organic: Green, White, House Bliss, Earl Grey  
Natural: Black Currant

### Coffee 1.95

Organic Regular or Decaffeinated Roast  
Add Organic Vanilla, Caramel, or Hazelnut  
Flavoring  
.95

### Soft Drinks 1.95

Assorted Natural Soft Drinks

### Dairy Free Milks (8oz)

Almond Vanilla Milk 1.95  
Hemp Milk 2.75

## Smoothies

### House Smoothies

Organic Juice & Goat Yogurt base

Small (12oz) 5.95 Large (16oz) 6.95

- Three Berry
- Islander
- Just Peachy
- Muy Mango
- Purple Nurple

### Meal Replacement Smoothies (16oz)

- **The Original** 7.95  
Almond milk, green food, lecithin, flax seed oil, protein powder, one choice of fruit (optional)

- **Blueberry Bliss** 6.95  
Hemp milk, blueberries, cashews, flax seed oil, protein powder

- **The Enhanced** 8.95  
Same as The Original with blueberries, strawberries, banana, raw egg (optional)

- **Vanilla Peach Berry** 7.95  
Almond milk, flax seed oil, vanilla extract, raspberries, peaches, protein powder

- **Coco-Almond** 7.95  
Almond milk, coconut milk, bananas, flax seed oil, protein powder, walnuts

- **Ultrameal™ or Standard Process™** 8.95  
Ultrameal Powder, protein powder, flax seed oil, choice of either blueberries, strawberries, or peaches

**Free Add-ins** (Choose One): Vitamin C crystals, Bee Pollen, Stevia

**Honey** .95

**Chocolate Syrup** .95

**Chocolate Chips** .95

**Add Protein Powder to Smoothie** 1.95



*"Your Friendswood Neighborhood  
Natural"*

*Organic, Natural, or Kosher  
Ingredients*

**Dine In or Carry Out**

**400 W. Parkwood Ave, Ste 112  
(Corner of 528 & Sunset)  
Friendswood, TX 77546  
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Website: [www.nagamaca.com](http://www.nagamaca.com)**

**Monday - Thursday 9:00 A.M. – 8:30 P.M.  
Friday - Saturday 9:00 A.M. – 8:30 P.M.  
Sunday 12:00 P.M. – 5:30 P.M.**